



Workshop

Implementation of evidence-based transitional care interventions – a practical approach informed by facilitation theory

Thursday 25 July - 14:00-15:30

Implementation of evidence-based transitional care interventions – a practical approach informed by facilitation theory

Speakers and affiliations

Markus Saarijärvi, PhD, RN, Karolinska Institute, Stockholm, Sweden

Ewa-Lena Bratt, Professor, RN, University of Gothenburg, Gothenburg, Sweden

Presentations:

Evidence on transitional care interventions – where are we now and where are we going? *Ewa-Lena Bratt, Professor, RN, University of Gothenburg – 15 minutes*

The art and science of implementing knowledge into practice – an overview
Markus Saarijärvi, PhD, RN, Karolinska Institute – 25 minutes

How can we facilitate implementation of person-centered components of transitional care? – a lecture and interactive workshop *20 minutes lecture and 30 minutes workshop (all presenters participating and facilitating the workshop)*

Content of the symposium:

Growing evidence highlights the efficacy of transition programs for adolescents with chronic conditions. However, the implementation of these programs in real-world

practice remains limited. **This symposium is designed to empower participants with the knowledge and skills needed to bridge this gap by:**

- Understanding and applying evidence-based, person-centered components of transitional care.
- Implementing practical strategies in diverse settings.
- Evaluating the outcomes of these implementation efforts.

Drawing on established implementation theories and frameworks, the symposium will provide both theoretical insights and hands-on experience. It will feature:

- Engaging lectures covering transitional interventions, the supporting evidence, and the challenges of translating knowledge into practice.
- Interactive workshops where participants will actively apply these theories and strategies to real-world scenarios.

By combining theory with practical application, this event aims to equip attendees with actionable tools to enhance the implementation of effective transitional care.

Technical requirements: Room with round tables that facilitate group discussions, post-it notes, two microphones, power-point presentation, screen.